

IMBT Surrogate Training: Lecture and Review Schedule

Live Lectures

We will have 2 live lectures per module for the course. These are scheduled for a Monday evening. While these will be recorded, our expectation is that *all students attend each lecture*. The recordings will only be made available for a brief window just prior to the required review session at the end of each module for the purpose of accommodating unexpected scheduling challenges.

Review Sessions

Each module will have a review and discussion session at the completion of the module. These are required in order to complete your certification. Please be sure you are able to set up your time to fit these in.

One-on-one meetings & special sign-ups

The syllabus has two moments where a sign-up or appointment is needed. We will announce these at the outset, and the signup will be made available at that time. Please review the syllabus for more detail.

Lecture and Review session schedule

Here is the schedule of dates for all lectures and review sessions. Each lecture will focus on particular segments of the syllabus

All lectures and review sessions are scheduled 7 p.m. CDT, 8 p.m. EDT unless otherwise noted.

History

Lecture 1: 5/3/21 Founders of surrogate therapy, the Triadic Model, Sensate Focus

Lecture 2: 5/17/21 Our Values

Lecture recordings available: 5/21/21 - 5/31/21

REVIEW SESSION 6/1/21

Foundations

Lecture 1: 6/7/21 Intentional touch

Lecture 2: 6/21/21 Waking up the hands, the 3 minute game

Lecture recordings available: 6/22/21 - 6/27/21

REVIEW SESSION 6/28/21

Embodiment

Lecture 1: 7/1/21 The nature of Consent as agreement, the Bossy Massage

Lecture 2: 7/19/21 Introduction to sensate focus, Body image: the mirror exercise

Lecture recordings available: 7/20/21 - 7/25/21

REVIEW SESSION 7/26/21

Practical Things & Ethics

Lecture 1: 8/16/21 Approaching a therapist, Marketing safely, consent to treatment, How to get safely undressed legally, Triadic model notes

Lecture 2: 8/30/21 Talking and listening, Transference countertransference, Telling others about your work

Lecture recordings available: 9/1/21 - 9/7/21

REVIEW SESSION 9/8/21

We encourage and invite you to reach out to any of the instructors at any point if you have questions, concerns, or anything else you would like to talk about.